

FSA reimbursement of OTC medicines

MERCER

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The IRS allows certain over-the-counter (OTC) medicines to be reimbursed using your Health Care FSA dollars. Here's a brief listing of some of those items. Check your plan document or contact TaxSaver at +1 888 829 7287 or taxsaver@mercer.com to learn more.

Antiseptics

- Alcohol wipes/swabs
- Antiseptic wash or ointment
- Benzocaine swabs
- Boric acid powder
- First aid wipes
- Hydrogen peroxide
- Iodine Tincture
- Rubbing alcohol
- Sublimed sulfur powder

Asthma Medications

- Asthma medications
- Bronchodilator/expectorant tablets
- Bronchial asthma inhalers

Cold, Flu and Allergy Medications

- Allergy medications
- Cold relief syrup/tablets
- Cough drops/syrup
- Flu relief tablets/liquid
- Medicated chest rub
- Nasal decongestant drops/inhalers/spray/tablets
- Nasal strips
- Saline nose drops
- Sinus medications
- Sore throat medications
- Thermometers
- Vapor patch cough suppressant
- Vaporizer liquids

Personal Test Kits

- Blood pressure monitor
- Cholesterol tests
- Colorectal cancer screening tests
- Home drug tests
- Ovulation indicators
- Pregnancy tests

Diabetics

- Diabetic lancets
- Diabetic supplies
- Diabetic test strips

Ear/Eye Care

- Contact Lens Solution/Cleaners/Accessories
- Ear drops
- Earplugs
- Ear water drying aid
- Ear wax removal drops
- Eye drops and ointments

First Aid

- Adhesive/liquid/spray bandages
- Defibrillators
- Elastic bandages
- First aid creams/ointments
- Gauze/tape
- Gloves/masks
- Topical antibiotics

Health Aids

- Anti-fungal treatments
- Braces (tennis elbow, knee, carpal tunnel, etc.)
- Candida treatments
- Denture adhesives
- Diuretics/water pills
- Hemorrhoid relief
- Incontinence supplies
- Lice control
- Motion sickness tablets
- Sleep aids
- Smelling salts (respiratory stimulant ammonia)
- Smoking cessation aids

Pain Relief

- Arthritis pain relievers
- Aspirin and non-aspirin pain relievers
- Back, menstrual, migraine, PMS pain relievers
- Children's pain relievers
- Hot/cold compresses
- Muscle/joint relievers
- Tooth/mouth pain relievers

Skin Care

- Acne medications and cleansers
- Anti-itch lotions/creams/sprays
- Athlete's foot treatments
- Bug bite medications
- Bunion and blister treatments
- Cold sore/canker sore/fever blister medications
- Corn/callus removal medications
- Diaper rash ointment
- Eczema cream
- Hydrocortisone creams/ointments
- Wart removal medications

Stomach Care

- Acid reducers
- Antacid gum/liquid/tablets
- Anti-diarrhea medications
- Anti-nausea medications
- Gas relief drop for infants/children
- Ipecac syrup
- Lactose intolerance medications
- Laxatives
- Pinworm treatments
- Upset stomach medications

Ineligible OTC items

- Aromatherapy
- Baby bottles/cups
- Breast enhancement system
- Breast pumps
- Chapstick
- Cosmetics
- Cotton swabs
- Dental floss
- Deodorants
- Facial care
- Feminine hygiene products
- Foot spa
- Fragrances
- Hair color
- Hair regrowth products
- Herbs
- Low carb foods
- Low calories foods
- Massagers
- Nail care
- Oral care
- Personal hygiene products
- Petroleum jelly
- Shampoo/conditioner
- Skin care
- Spa salts
- Sunscreen
- Sun tanning products
- Supplements
- Teeth cleaning system
- Teeth whitening products
- Toothbrushes
- Toothpaste
- Vitamins/minerals
- Weight loss drugs